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## Research Article

# Muslim Family Communication in Fulfilling the Rights and Obligations of Husband and Wife in A Long Distance Relationship (LDR)

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**Abstract.** Communication between family members is an important factor in maintaining family harmony, especially in the context of long distance relationships (LDR) which require more effort to maintain communication and trust between partners. In a Muslim family, good communication not only maintains relationships but also ensures that the rights and obligations stipulated in Islamic law are properly respected. Marriage is an agreement between a man and a woman to live together as one family, including respecting rights and obligations according to applicable laws and regulations. A long distance relationship describes a couple who are physically apart for certain reasons such as work. Research shows that good communication during a LDR can increase the chances of success in a relationship. In Kertasari Village, several couples who live far apart for work reasons experience

difficulties in carrying out the rights and obligations of husband and wife. Previous research has examined strategies for maintaining family harmony in LDR countries, as well as the formation of *sakinah* families in this context. However, detailed explanations of communication in Muslim families have received little attention. Therefore, studying Muslim family discourse in the communication process to fulfill rights and obligations in LDR is a new discovery in Muslim family research.

**Keywords:** Communication, LDR, Family, Right, Obligation

## INTRODUCTION

Communication between family members is an important factor in maintaining family harmony. This becomes even more difficult in the context of a long distance relationship (LDR), where husband and wife have to live their marriage with physical and psychological limitations due to distance. Achieving the rights and responsibilities of husband and wife in an LDR situation requires more effort to maintain communication and trust between partners. Good communication in a Muslim family is important not only to maintain relationships, but also to ensure that the rights and obligations stipulated in Islamic law are properly fulfilled.

Marriage is an agreement between a man and a woman to live as a family. After implementing the agreement through a contract, both parties are bound and productive in the husband and wife relationship so that they can experience the joy of living as a complete family in peace and love as permitted by Allah SWT. Marriage is not just a barrier between the relationship between men and women, but also about the rights and obligations carried out by men and women (Yusuf, 2010).

Getting married and living the life of a newlywed is everyone's dream. Because marriage can improve a person's life by providing emotional satisfaction, relationships, friendship, love, sexual satisfaction, companionship and satisfaction through finances, loyalty and honesty. Become a source of new identity and self-confidence for the two friends (Putri, 2022: 1). The purpose of marriage in Islam is to fulfill religious teachings to create a good, prosperous and happy family. The creation of inner and outer peace, namely love between family members, happiness arises from the satisfaction of inner and outer needs, namely living well in deeds and good deeds, living (Ghazaly, 2019).

A long distance relationship or relationship (LDR) is a relationship where the two are not in the same place or far apart, which means the distance between the two is: We live far apart, we can't meet everyone. . time. Demographic information from research conducted by Holt and Stone shows that there are three categories of people in long-distance relationships: the first category is considered a certain period (from 0 to 6 months, more than 6 months), the second category is considered a certain period examined . intensity of meetings (once a week, every week for 1 month, less than a month), and the third part is examined. as binding force. The units can be found at certain distances (0 to 1 mile, 2 to 294 miles, and 250 miles or more) (Budayatna, 2011). Therefore, it can be understood that there are no special requirements that are very important in terms of time, long distance, and if one of the conditions above is met then the couple can be said to be in a long distance

relationship (LDR). . So what can be conveyed below are the roles that are the responsibilities of husband and wife or also known as the rights and responsibilities of husband and wife in a long distance relationship (LDR).

In Law Number 1 of 1974, the rights and obligations of men and women are stated in articles 31 and 34. "Women's rights and obligations are the same as men's rights in family life and in social life. The right to manage the household, the wife is the leader. Therefore, it is the husband's obligation to protect his wife and take care of all the family's needs according to his ability, and it is the wife's obligation to take care of the household. as far as possible he filed demands and postponed them" (Bisri, 2003).

The rights and obligations of husband and wife are not mutual obligations, but also their obligations and rights as intended in Articles 80 and 83 of the Islamic Constitution (KHI) as follows: "The husband is the master of his wife and family, but important household tasks are decided by the husband's skills. and wife" (Bisri, 2003). If a long distance relationship is not based on mutual agreement and understanding between husband, wife and other family members, there will definitely be problems and then separation, resulting in a lot of loss. Families who have long distance relationships every day have different problems with their families, the problems they face are even more serious because they are not together. Currently, families in long distance relationships have needs and even experience separation.

Long distance relationship (LDR) is a situation that describes the situation of a couple who are physically separated. One partner must go to another place for a specific purpose, for example work, and the other partner must stay at home or in his own home (Ramadhan, 2020).

Meanwhile, in the Pasirangin Environment, Kertasari Village, Ciamis District, Ciamis Regency, currently there are several who are married but do not live together or are in a Long Distance Relationship (LDR) relationship because one of the parties lives outside the city or outside the province to work to earn a living or earn money.

Meanwhile, in the Pasirangin neighborhood, Kertasari Village, Ciamis District, Ciamis Regency, currently there are several who are married but do not live together or are in a Long Distance Relationship (LDR) because one of the parties lives outside the city or outside the province to work to earn a living or improve the family economy.

The condition that requires the husband to leave his family is due to work demands that require him to stay outside the city or even outside the province for several months. Go home only once every 1-6 months. During the period of 1-6 months away from your partner, some patterns of fulfilling their rights and obligations are fulfilled, some are not. With the pseudonyms of Mrs. Lena, Mrs. Savana, and Mrs. Dini. To avoid similarities in existing research, previous research is included. The function of previous research is to differentiate between research conducted previously and research to be conducted.

Islamic Family. Faculty of Sharia, Maulana Malik Ibrahim State Islamic University with the title Efforts to Fulfill the Rights and Obligations of Husband and Wife Long Distance Relationships in building a sakinah family. Case study of TNI families in Brigif Battalion 502 Babung, Malang Regency (Ramadhan, 2020). The

discussion includes efforts to fulfill the rights and obligations of husband and wife in a Long Distance Relationship in building a *sakinah* family. The research results were obtained through interview data. The same research equation discusses Long Distance Relationship family relationships. The difference in research lies in the different locations and sampling. In this thesis, the research focuses on fulfilling the rights and obligations of husband and wife in Long Distance Relationships in ratification at Brigif Battalion 502.

Second, research from Farah Tsarwat Kholidya, a student at the Purwokerto State Islamic Institute, entitled Strategies for maintaining family harmony for Long Distance Relationship couples. Case study of Pilken Village, Kembaran District, Banyumas Regency (Kholidya, 2020). The discussion explains the influences and strategies in building a harmonious household. This research equation is the same as discussing the relationship between husband and wife, Long Distance Relationship. The difference lies in the location and sample taker. In this thesis, the main discussion is about the influence of Long Distance Relationships on household harmony, and how to maintain strategies for Long Distance Relationships.

Third, research from Siti Alvin Nuril Bariroh, a student at Sunan Ampel State Islamic University, Surabaya, entitled the formation of a *sakinah* family by a husband and wife in a Long Distance Relationship in Sukosari Kunir Lumajang (Baririoh, 2015). This research describes the formation of a *sakinah* family by a husband and wife in a Long Distance Relationship in Sukosari Kunir Lumajang. The research results were obtained through interviews. In this research there are similarities in research, and both discuss Long Distance Relationship family relationships. The difference lies in the location and samples obtained. Another difference in this research is that apart from discussing the concept of building a Long Distance Relationship household, it also focuses on the religious values used by husband and wife couples in forming a *sakinah* family.

Based on previous research, there has been little attention to detail in the narrative elements of communication within the family. Research shows that couples who are able to maintain good communication in an LDR have a greater chance of successfully maintaining their relationship than those who are not (Zakiah, 2020). Therefore, the study of Muslim family discourse in the communication process to fulfill the rights and obligations of men and women in long-distance relationships (LDR) is a new discovery in the study of Muslim families.

## RESEARCH METHODS

This type of research is qualitative research with a case study research model with context (Yusuf, 2014: 339), namely a research and understanding process based on a method that investigates the phenomenon of long distance relationship (LDR) married couples. in the Pasirangin Environment, Kertasari Village, Ciamis District, Ciamis Regency.

Data sources are any information accompanied by the results of facts that can be formulated to formulate formulations, conclusions and certainty of something. The informants in this research were a husband and wife couple in a long distance

relationship (LDR) in the Pasirangin area, Kertasari Village, Ciamis District, Ciamis Regency.

Data collection techniques in this research: first, through the observation method through direct and systematic observations of couples undergoing Long Distance Relationships (LDR) (Nasution, 1996). The type of observation used to obtain data and observe directly about husband and wife long distance relationships (Case Study in the Pasirangin Environment, Kertasari Village, Ciamis District, Ciamis Regency); Second, interviews, namely data collection techniques that involve dealing directly with Long Distance Relationship (LDR) couples through in-depth interviews and asking questions based on certain objectives. This method is used so that researchers can solve various questions that arise regarding efforts to fulfill the rights and obligations of Long Distance Relationship (LDR) couples (Nasution, 1996).

During field research, data analysis was carried out. The data analysis process involves all data obtained from interviews and recorded observations in the form of writing, images, official documents, and so on. So that conclusions can be drawn regarding communication patterns in fulfilling the rights and obligations of husband and wife in a Long Distance Relationship (LDR).

## RESULTS AND DISCUSSION

### Factors causing husband and wife long distance relationships (LDR) in Kertasari Village

This research presents data about the factors that cause Long Distance Relationships (LDR) between husband and wife. Researchers found several concepts of the rights and obligations of husband and wife as well as people's understanding of the concept of the rights and obligations of husband and wife in a Long Distance Relationship (LDR). This research limited the informants who were used as research subjects to only 3 people in the Pasirangin neighborhood, Kertasari Village, Ciamis District, Ciamis Regency, because the samples from several of these informants could represent Long Distance Relationship (LDR) households in the Pasirangin Neighborhood, Kertasari Village, Ciamis District, Ciamis Regency.

#### 1. Mrs. Lena Setyawati Apriani

Mrs. Lena Setyawati Apriani (28) is one of the informants who lives in the Pasirangin neighborhood, Kertasari Village, Ciamis District, Ciamis Regency. According to Mrs. Lena, the rights and obligations of husband and wife are to serve each other, respect each other, protect each other, cover each other's shortcomings, fulfill their needs for clothing, shelter and food.

Lena's mother has been married for 7 years, and has been away from her husband for 7 years. Mrs. Lena and her husband meet once a month. In accordance with practice, Mrs. Lena and her husband are far apart because her husband has to work as a barber in a barbershop located in Tangerang City, Banten. Long Distance Relationships (LDR) are normal in work-related households, so something has to be sacrificed because perhaps the household's fortune is overseas. Based on the results of Mrs. Lena's interview regarding the factors causing husband and wife long distance relationships (LDR) as follows: *"The reason why husband and wife are in a LDR is*

*because my job and fortune are outside the city, like it or not, I have to be in a LDR even though I am the victim of one of them. LDR na for 7 years. Even though we meet once a month."*

## 2. Mrs. Savana Damayanti

Mrs. Savana Damayanti (25) is also a research subject who lives in the Pasirangin neighborhood, Kertasari Village, Ciamis District, Ciamis Regency. According to Mrs. Savana, the rights and obligations of husband and wife are to provide for their physical and spiritual life and provide for their children and wife in material terms.

Savana's mother has been married for 2 years and has been away from her husband for 1 year. Mrs. Savana and her husband meet once every 6 months. In accordance with practice, Mrs. Savana and her husband are far apart because her husband has to work as a TNI officer assigned to Padang City, West Sumatra. In this case, like it or not, Mrs. Savana has to be able to accept a Long Distance Relationship (LDR) with her husband because it is assigned by the state.

Based on the results of Mrs. Savana's interview regarding the factors causing husband and wife long distance relationships (LDR) as follows: *"The reason for the LDR is because of work. Thank God, my husband is a civil servant, so he has to be ready to be assigned anywhere for 1 year, even though he only sees him once every 6 months, because he's far away from his assignment in Padang."*

## 3. Mrs. Dini Sumarni

Mrs. Dini Sumarni (38) is also an informant as a research subject who lives in the Pasirangin area, Kertasari Village, Ciamis District, Ciamis Regency. According to Mrs. Dini, the rights and obligations of husband and wife are to fulfill their physical and spiritual support, both material and non-material.

Mrs. Dini has been married for 15 years and has been away from her husband for 1 year. Ibu Dini meets her husband once every 2 months. In accordance with practice, Mrs. Dini is far from her husband because he has to work in a factory in Tegal City, Central Java. In this case, Mrs. Dini understands that her household is in a Long Distance Relationship (LDR) in order to fulfill household needs.

Based on the results of Mrs. Dini's interview regarding the factors causing husband and wife long distance relationships (LDR) as follows: *"The reason why husband and wife are in a LDR is due to work demands. There really is no longer an option for us to earn a living for our family having to be far away from family members. So we chose LDR which has been going on for a year. We can meet once every two or three months at the earliest."*

## **Family Communication in Efforts to Fulfill the Rights and Obligations of Husband and Wife Long Distance Relationship (LDR) in Kertasari Village**

Based on the understanding and practice of Long Distance Relationship (LDR) couples, namely that they have the rights and obligations of husband and wife in the household which must be fulfilled by each partner. In accordance with Islamic family law, it covers the pattern of husband and wife Long Distance Relationship (LDR) in

the Pasirangin Environment, Kertasari Village, Ciamis District, Ciamis Regency in fulfilling their rights and obligations, namely living, serving each other, giving each other news.

1. Mrs. Lena Setyawati Apriani

The pattern of communication for fulfilling the rights and obligations of husband and wife in a Long Distance Relationship (LDR) carried out by Mrs. Lena and her husband is to fulfill their physical livelihood in the form of money, internal livelihood in the form of paying attention to each other, giving each other affection, supporting each other, and if there is a dispute, they must discuss it with a cool head.

Based on the results of Mrs. Lena's interview regarding Efforts to Fulfill the Rights and Obligations of Long Distance Relationship (LDR) Husband and Wife as follows: "Communication and efforts to fulfill the rights and obligations of husband and wife are an obligation. Husbands must provide a living wage in the form of money to meet household needs, continue to pay attention to each other even though they are long distance, give each other love, support each other. If there is a conflict, we husband and wife both calm our emotions first. My husband and I both have strong characters. Therefore, our conflict resolution is through a process of calming emotions, then we communicate well so that we can find a solution. And we remain a family that understands each other even though we are in a LDR.

2. Mrs. Savana Damayanti

The communication pattern in fulfilling the rights and obligations of husband and wife in a Long Distance Relationship (LDR) carried out by Mrs. Savana and her husband is the fulfillment of external livelihood, namely fulfilling economic needs in the form of money, spiritual livelihood in the form of good communication, giving love, supporting the wife's children, and mutual support. love, pay attention to each other.

Based on the results of Mrs. Savana's interview regarding communication patterns as an effort to fulfill the rights and obligations of long distance relationship (LDR) husband and wife as follows: "To fulfill the rights and obligations of LDR husband and wife, they must regularly provide income in the form of money to support their children and wife, and continue to provide for their inner self. must communicate well, give affection, respect each other. "And the most important communication process is that the husband must always provide news and information about conditions far away."

3. Mrs. Dini Sumarni

The communication pattern in fulfilling the rights and obligations of husband and wife in a Long Distance Relationship (LDR) carried out by Mrs. Dini and her husband is the fulfillment of birth income, namely in the form of money to meet household needs. Fulfillment of inner sustenance in the form of communication, loving each other's news and giving each other attention.

Based on the results of Mrs. Dini's interview regarding communication in efforts to fulfill the rights and obligations of husband and wife in a long distance

relationship (LDR), the following is: "You have to fulfill your birth income, namely giving money through transfers for household needs. A husband must provide news every day and respect each other."

Based on the understanding and practice of Long Distance Relationship (LDR) couples, namely having a concept of the rights and obligations of husband and wife in the household which must be fulfilled by each partner. In accordance with Islamic family law, it covers the pattern of Long Distance Relationship (LDR) husband and wife relationships in the Pasirangin area in fulfilling their rights and obligations, namely living, maintaining trust, maintaining honor and maintaining communication.

### **Staying close, good communication is the main predictor of fulfilling rights and obligations in the family**

Husband and wife actually have moral and material responsibilities and maintain good communication. Each husband and wife must know their obligations as well as their rights. Because, many people only know their rights but ignore their obligations.

Ideally, a husband and wife live together in one house to carry out their respective duties and obligations. However, in marriage sometimes problems arise that cause divorce. One of the factors in divorce is Long Distance Relationship (LDR).

Long Distance Relationship (LDR) is a relationship where the partners are separated by physical distance which does not allow for physical closeness for a certain period of time (Kurniati, 2015). This long-distance marriage is an agreement between the two of them who want to maintain their marriage but also voluntarily choose to maintain their careers so that the couple feels a strong commitment.

long-distance relationship (LDR) is like a long-distance relationship between lovers from different countries, but some people interpret it in different provinces and cities. When starting a long distance relationship (LDR), you need to pay attention to the weaknesses of long distance relationships (LDR). To achieve a long distance relationship (LDR) requires high commitment, high patience and good communication.

Meanwhile, in the view of Reza Umami Zakiyah (2020), the model of respecting the rights and obligations of partners in couples who are in a long distance relationship (LDR), namely: The physical aspect is done in 2 ways, the first is by meeting in person. Second, through friends or by transferring money via Alfamart, ATM or POS. Biological aspects, especially direct or indirect. The model of direct biological satisfaction is through intimate relations when the two meet and through indirect ways to fulfill biological needs, including watching adult films, sending seductive photos and phone sex used by Linda Ekaningrum (2023). Long Distance Relationship (LDR) is carried out by the wives of members of the Brajamusti Pontianak Command Yonif 465 Wing III Paskhas of the Indonesian National Army (TNI), especially by maintaining good communication, husband and wife are always committed and loyal in establishing mutually trusting communication. These three methods are used to maintain harmonious husband and wife relationships in the family. Zakiyah's (2020) research highlights a model of respect for the rights and



obligations of husband and wife in long distance relationships (LDR). According to this research, effective communication and understanding each other's roles are important in maintaining harmonious relationships. In the context of a Muslim family, the role of the husband as head of the household and the wife as companion must be maintained properly even though there is physical distance between the two.

From the research results, long distance couples in Kertasari Village, Ciamis District, Ciamis Regency can fulfill their rights and obligations, even though they are far from their partner, can overcome the problems faced during a Long Distance Relationship (LDR). In this case, the rights and obligations of husband and wife become a joint responsibility. Falah (2022) explains that one of the biggest challenges in LDR is how partners can carry out their rights and obligations properly regarding physical communication limits. This study highlights the importance of using technology to facilitate effective communication as well as the importance of maintaining trust and commitment between partners.

Communication is important to maintain family harmony, especially in long distance relationships (LDR). According to research by Surya, Arif, and Asrinaldi (2021), the media plays an important role in maintaining the quality of relationships in long-distance marriages. Research shows that the foundation of engagement in an LDR is ongoing and effective communication. Video calls are considered the best way as they allow face-to-face interaction despite physical distance, helping maintain emotional closeness and trust between partners. Furthermore, other research conducted by Putri (2022) confirmed that maintaining family communication in an LDR involves self-disclosure and mutual trust. This research shows that families have different ways of maintaining communication, which is important for harmonious relationships.

Parents and children who commit to maintaining regular contact can effectively overcome the challenges of separation and maintain stable and productive family relationships. In summary, effective communication, supported by media such as video calls and supported by self-disclosure and trust, is very important to maintain the quality and stability of distant family relationships.

Thus, the practice of Long Distance Relationship (LDR) couples in an effort to fulfill the rights and obligations of husband and wife as well as their understanding of the rights and obligations of husband and wife in the household. Couples who are in a long distance relationship in Kertasari Village can maintain their household by fulfilling their rights, but in this case, it is not easy for husband and wife to fulfill each other's rights and obligations perfectly, unless they understand each other. Because breaking off a long distance relationship is based on the agreement of the husband and wife.

## CONCLUSION

The factor that causes husband and wife to have a long distance relationship (LDR) in Kertasari Village, Ciamis District, Ciamis Regency is because the economic demands of the household must be met, so the husband has to work in a place far from his family.

The obstacle to fulfilling the rights and obligations of husband and wife in a Long Distance Relationship (LDR) that occurs in Kertasari Village, Ciamis District, Ciamis Regency is that the inner livelihood or biological relationship between husband and wife is not fulfilled because the distance is not possible. Meanwhile, other rights and obligations have been fulfilled.

Communication and Efforts to fulfill the rights and obligations of husband and wife Long Distance Relationship (LDR) which occurs in the Kertasari Village, Ciamis District, Ciamis Regency, is to fulfill the birthright in the form of money sent via transfer, good communication, giving affection, and paying attention to each other through chatting. or video call.

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